

## **Reclaiming Youth Pre-Conference at ACRC's 65th Annual Conference**

### *Cultures of Respect*

Larry Brendtro, Anna Brokenleg, Robert Foltz, & Mark Freado

### *The Mythology of Race*

Countering theories of racial superiority, early researchers showed Indigenous cultures possessed advanced knowledge of child and youth development. Abraham Maslow studied the Blackfoot people of Canada whose generosity inspired his theory of human development. Ella Deloria described her Dakota Sioux upbringing: treat everyone you know as a relative. This presentation highlights the evidence-base of the Circle of Courage and offers practical strategies to connect with kids in conflict. Larry Brendtro, Director, Reclaiming Youth at Risk, Lennox, SD

### *Sweetgrass People: Resilience Culture*

Indigenous cultures rear respectful, responsible children without reverting to coercive discipline. The Circle of Courage is a model of resilience, the capacity to surmount difficulty and thrive. Just as sweetgrass is resilient in the wind, so these Indigenous principles are transforming families, schools, and group settings. Circle of Courage values are a birthright to Indigenous youth and a gift to all children. Anna Brokenleg, Native American Connections Facilitator, Hawthorne Elementary School, Sioux Falls, SD

### *Sad, Mad, and Medicated*

As neurochemical interventions dominate interpersonal relationships, our most vulnerable youth are imperiled. Most teens in treatment prefer therapeutic support to medicating their symptoms. As Abraham Maslow noted, behavior problems usually result from unmet developmental needs, so these should become the primary focus of interventions. Current research and practice call for a reorientation toward relationship-based child and youth care. Robert Foltz, Child and Adolescent Track Faculty, Chicago School of Professional Psychology, Chicago, IL

### *From What's Wrong to What's Strong*

Deficit-based assessment targets risk but ignores resilience, while strength-based assessment reframes problems as opportunities for growth. As the ultimate experts on their lives, youth must have a voice in their futures. A process called Planning Restorative Outcomes applies to a range of problems from brief crisis intervention to serious trauma. Strength-based assessment transforms Positive Behavior Support in schools and treatment planning in residential, community, or justice settings. Mark Freado, Director, Growing Edge Training, Westerville, OH