

# Reclaiming Youth Seminars Conference Schedule

Augustana University, Sioux Falls, South Dakota, **July 21-23, 2022**

## Thursday, July 21, Augustana University

**7:30 a.m.**      **Registration Opens**      [Outside of Froiland Science Complex Auditorium, FSC113]  
*Breakfast is on your own before the 8:30 a.m. start time.*

**8:30 a.m.**      **Reclaiming Youth Conference Begins**

**8:30-10:00**      ***Welcome to the Reclaiming Youth Seminars***      [Froiland Science Complex, FSC113]  
*Steve Van Bockern, EdD, Director, Schools That Matter, Sioux Falls, SD*

### ***Dedication of the 2022 Seminars***

*Mark Freado, MA, Director, Growing Edge Training, Westerville, Ohio*  
We honor the memory of Reclaiming Youth's research editor, Janna Brendtro.

### ***Consilience***

*Larry Brendtro, PhD, Director, Resilience Resources, Lennox, South Dakota*  
Bringing together Western and Indigenous Science to create sustainable futures for our children and our endangered world.

### ***Trauma and the Three Pillars of Transforming Care— What the Interpersonal Neuroscience Tells Us***

*Howard Bath, PhD, Senior Consultant, Allambi Care, New South Wales, Australia*  
In this presentation, Howard will look at the three central needs of children who have experienced developmental trauma—the need to feel safe, the need for healthy connections, and the need for adaptive coping strategies to deal with the pervasive impacts. He will look at these needs through the lens of the recent neuroscience literature, in particular, emerging insights relating to the central role and functions of interpersonal connection.

**10:00-10:30**      Refreshment Break

**10:30-12:00**      ***Schools that Matter***

*Steve Van Bockern, EdD*

All successful programs for children and youth at risk focus on meeting Circle of Courage needs for Belonging, Mastery, Independence, and Generosity.

### ***Kids without a Country: Unaccompanied "Alien" Children***

*Larry Brendtro, PhD, and Robert Foltz, PsyD, Associate Professor, Chicago School of Professional Psychology, Chicago, Illinois*

Violence, poverty, and war are displacing hundreds of thousands of children and youth who risk danger and death to desperately seek a better future beyond their homeland. Reclaiming Youth is at the forefront of this international crisis, working with the Office of Refugee Resettlement.

12:00-1:00 Lunch

1:00-2:30 ***Relationships & Regulation:***

***An Innovative Approach to Mindful Education for Challenging Students***

*Stacy Kelsey, MA*, Brainworks Pediatric Group, O'Fallon, Missouri

This workshop will explore relational learning and relationship-building practices to strengthen students' overall growth and development through a mindful learning approach. This approach engages a student's mind in a way that changes their thinking and understanding resulting in more desired behavioral outputs. This presentation will address the core concepts of learning through a mind/brain/body model. Practical application of classroom strategies to promote a mindful learning environment for students of all abilities will be shared.

***Experiential Learning for Deep Change in Schools and Youth Justice Settings***

*Scott Larson, DMin*, Founder and President of Straight Ahead Ministries, Worcester, Massachusetts

Whole-brain teaching uses experiential learning approaches that engage youth in learning. This enhances any cognitive teaching or treatment curriculum.

2:30-3:00 Refreshment Break

3:00-4:30 ***Voices of Native Youth***

*Tamara Lunday, EdD*, Student Health and Counseling Services Director, South Dakota State University

The presenter describes her qualitative research with Native American students who grade their schools and describe what they need to learn and thrive.

***Ubuntu: I Am Because We Are***

*Nick Jackson, MA*, Instructor of Education, Augustana University

The presenter shares the concept of Ubuntu and the impact it has had on his own life, both in and out of the classroom, including establishing a charter school in Denver, Colorado, based on this philosophy.

4:30-6:00 ***Reception at the Augustana Center of Western Studies*** [Center for Western Studies]

Meet other participants and explore the rich collection of Native American and other artifacts from the peoples who populated the Great Plains. Refreshments provided by Growing Edge Training, Resilience Resources, and Schools That Matter.

## Friday, July 22, Augustana University

8:30-10:00 ***Resilience and Reconciliation***

*JR LaPlante*, Director of Tribal Relations for the Avera Health System, Sioux Falls, SD  
As a member of the Cheyenne River Sioux Tribe, LaPlante has had a rich career in building resilience and reconciliation. He has been a faith-based youth worker, tribal judge, and the first South Dakota State Secretary of Tribal Relations.

***Trauma and Shame—A Short Primer for Carers***

*Howard Bath, PhD*

We hear a lot about the need for children in care to learn how to self-regulate emotions and impulses. Anger/rage, anxiety/fear, and sadness/grief are well understood emotions, but shame is frequently left out of the picture despite it being a key driver of challenging behaviors such as self-harm, substance abuse, and aggression. A prominent therapeutic specialist has claimed that children in the care system are “enveloped” in shame, yet we hear so little about it and its impacts. In this presentation, Howard will touch on the prevalence of shame amongst our children and young people, how we might detect it, and what we might do about it.

10:00-10:30 Refreshment Break

10:30-12:00 ***Reaching Angry and Unattached Kids—The Story of Two Jackets***

*Fred Tully, MSW*, former Director of The Black Hills Children’s Home, Rapid City, SD  
A seasoned authority on traumatized children, the presenter explores the power of resilient relationships and shares his personal story of how one teacher transformed his troubled life.

***Resilience and the Sweet Grass People***

*Anna Brokenleg, MAEd*, Instructional Coach, Office of Native Education, Sioux Falls  
South Dakota Public Schools

Indigenous cultures rear respectful, responsible children without coercive discipline. The Circle of Courage is a model of resilience, the capacity to surmount difficulty and thrive. Just as sweetgrass is resilient in the wind, so Indigenous principles are transforming families, schools, and group settings.

12:00-1:00 Lunch

1:00-2:30 ***Creating Cultures of Respect***

*Larry Brendtro, PhD*, and

*Beate Kreisle, MA*, Jugend-Kolleg am See, Moos, Germany

Negative peer influence fuels conflict and trauma, but typical discipline fails to build climates of respect. Positive Peer Culture engages youth in prosocial helping roles to foster social and emotional learning.

***Sad, Mad, and Medicated***

*Robert Foltz, PsyD*, Associate Professor, Chicago School of Professional Psychology, Chicago, Illinois

Medications are replacing relationships in treatment of youth, but most emotional problems result from unmet needs. Current research calls for methods focusing on relationships and needs.

2:30-3:00 Refreshment Break

3:00-4:30 ***Helping Youth Rewrite New Endings to Their Trauma Stories***

*Scott Larson, DMin*

The ways in which our traumatic stories end determine how our brains store them. We can write different endings to these stories which can also free us from their destructive hold on us.

***The Art of Kid Whispering***

*Mark Freado, MA*

Problem behaviors are often the focus of intervention instead of being recognized as expressions of inner pain and distress. This presentation by the co-author of *Kid Whispering* provides pathways to discovering the private logic and goals of the inside kid. Understanding the private logic of a young person helps caregivers decode troubling behaviors and begin to replace hostile, resistant encounters with respectful bonds.

# Saturday, July 23, Augustana University

- 8:30-10:00 ***Risk and Resilience in Trauma-Exposed Work***  
*Kari McCluskey, MA, University of Winnipeg, Winnipeg, Manitoba*  
Service providers play an important role in the lives of youth and their families as they work to develop safe and meaningful relationships. As a result of these connections, we are exposed to the stories and traumatic experiences of others. Caregivers dedicated to the progress and resilience of those in their charge often extend themselves beyond job requirements, healthy boundaries, and available resources. Over time, trauma exposure and extended efforts can have adverse consequences for our professional and personal lives. This session will discuss risk and resilience factors for burnout, caregiver fatigue, and vicarious trauma, followed by individual and collective strategies for building resilience in trauma-exposed work.
- Using the Circle of Courage in Planning Restorative Outcomes***  
*Mark Freado, MA*  
At age 17, Jenard Sharp of Detroit, Michigan, was sentenced to life in prison without parole. Reclaiming Youth recently gave the court a strength-based assessment using Planning Restorative Outcomes (PRO). After 28 years in prison, Jenard was paroled in April 2022. Mark Freado shares his story and the role of Planning Restorative Outcomes in his release.
- 10:00-10:30 Refreshment Break
- 10:30-12:00 ***One Educator, One Student, One Family at a Time***  
*Susan Jones, MEd, Broome-Tioga BOCES (Boards of Cooperative Educational Services), Binghamton, New York*  
The Circle of Courage provides a compass and guide to enhance student and family understanding of social and emotional learning and community collaboration.
- Building on Strengths in Families***  
*Celeste Uthe-Burow, EdD, Assistant Professor, Augustana University, Sioux Falls, SD*  
Dr. Uthe has extensive experience of leadership in school-based special services and mental health. She directs the Masters in Education degree counseling programs at Augustana and teaches Educational Psychology, Adolescent Development, and Human Relations courses for the University.
- 12:00-1:00 Lunch
- 1:00-2:30 ***Global Perspectives Panel***  
*Larry Brendtro, PhD, Mark Freado, MA, Beate Kreisle, MA, and Kari McCluskey, MA*  
The panel will discuss the influence of the Circle of Courage in different parts of the world.
- 2:30-3:00 ***Opening of the Circle***