

## Resilience and the Sweet Grass People

Anna Brokenleg, MAEd, Instructional Coach, Office of Native Education, Sioux Falls South Dakota Public Schools Indigenous cultures rear respectful, responsible children without coercive discipline. The Circle of Courage is a model of resilience, the capacity to surmount difficulty and thrive. Just as sweetgrass is resilient in the wind, so Indigenous principles are transforming families, schools, and group settings.

# Sweetgrass People: Resilience Culture

Anna Brokenleg M.A. Ed





# Cultures of Respect

- Lakota- Wakanyeja - Sacred Gift
- Maori- Gift of God
- Ibu- What Wonders has God wrought



Resilience- "The  
courage to surmount  
life challenges."

Dr. Martin Brokenleg



# Belonging

Mitakuye Oyasin - We are all related



"Be Related,  
somehow, to  
everyone you  
know."

Ella Deloria



# Independence

"Responsibility: Self-Control, Self-Confidence, Shared Responsibility"

Brendtro, Brokenleg, & Van Bockern

True Independence  
requires  
Interdependence



# Mastery

## Experiences of Success





Success motivates  
future success

# Generosity

Every human needs a purpose



"Children are the purpose of life. We were once children, and someone cared for us, and now it is our time to care."

Eddie Belleroy, Cree Elder



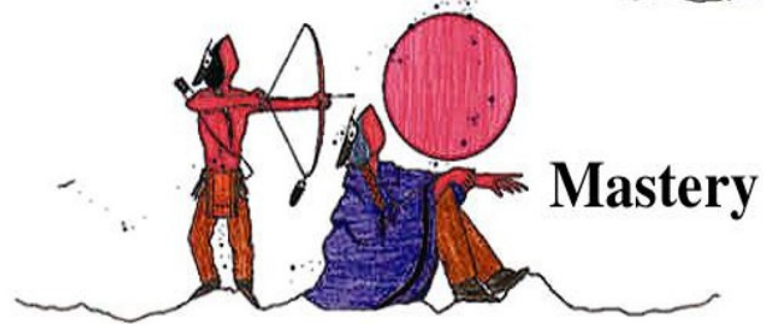
**Generosity**



**Independence**



**Belonging**



**Mastery**