# **Thriving Through Turbulence: The Ecology of At Risk Youth**

30<sup>th</sup> Reclaiming Youth Seminars Augustana University July 18-20, 2024

Mark Freado Growing Edge Training, LLC & Reclaiming Youth at Risk Emotional disturbance is not inherent in a child but rather a condition that arises from a discordant ecology

Nicholas Hobbs, renowned psychologist. Professor and Provost at Vanderbilt University. Principal developer of Project Re-ED

#### The Many Faces of At-Risk Young People

- Obvious signs of stress
- Aggression
- Emotional Dysregulation
- Withdrawal
- Self Harm
- School problems
- Juvenile justice involvement















### The Circle in Six Directions

Generosity

Adveniure



Belonging

Mastery

Safety



Meeting developmental needs is essential for optimal growth.

Urie Bronfenbrenner 1979

A strong, caring bond
Increasingly complex tasks
Shifting power to the learner
A relationship of reciprocity

Attachment Achievement Autonomy Altruism



Traditional Assessment Youth as object of assessment Focus on deficit and disorder Key data from formal tests Formulate a diagnostic label

Youth as expert collaborator Focus on strength and resilience Key data from real life events Formulate a growth plan

**Restorative Assessment** 

### Depth and Spread of Assessment

Expanding to Meet the Need

brief

support

basic

growth

broad

reclaiming



## Reflect



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# The PRO Assessment Process



Cultural Trauma Assessment Martin Brokenleg 2012

# An Ecology for Growth

## When their needs are met, children thrive. URIE BRONFENBRENNER



### But when needs are unmet, youth are at risk.



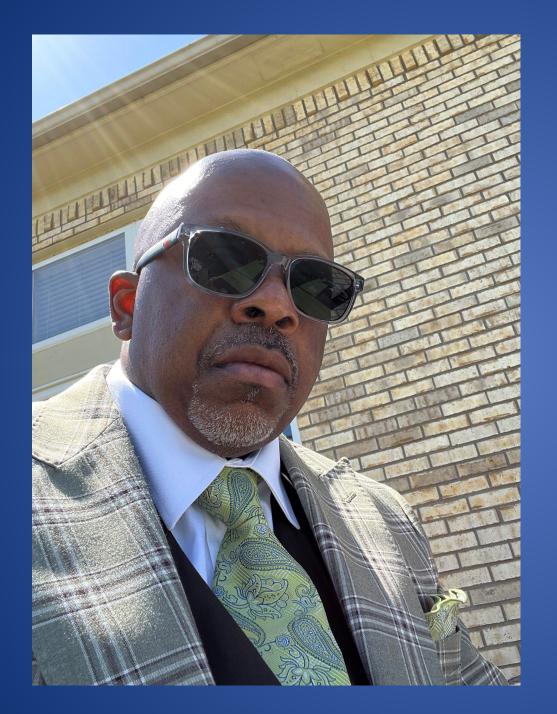
# **OUTSIDE KID**

**Behavior** 

## Logic

## **INSIDE KID**

Emotions



Jenard Sharp DOB: July 2, 1975 Incarcerated: 1993 Paroled: April 2022



Jenard Sharp DOB: July 2, 1975 Incarcerated: 1993 Paroled: April 2022 Employed by General Motors in Detroit



The world breaks everyone and afterward many are strong at the broken places. Ernest Hemingway, A Farewell to Arms

I'm not going to sit around the rez and drink my life away.
Jesson N. May 1, 2024

Jesson will graduate from Little Red River School September 13, 2024

Life is to be lived now, not in the past, and lived In the future only as a present challenge..

Nicholas Hobbs